



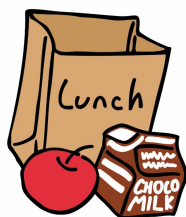
Florida Insurance Brokers, *simplifying the complicated subject of employee benefits and helping you design benefit packages that will attract and maintain a talented workforce.*

### Online Enrollment

When companies pair communication and education with their benefit election platform there is an impact on the employee experience. The generation now entering the workforce want everything at their fingertips and in one place, and to have access at any time. Although personalized benefits education and enrollment is still available, online enrollment helps employers simplify their benefits enrollment and stay compliant.



[Link to Additional Resources](#)



### Bring Your Lunch

Eating healthy is tough, especially when it comes to eating in the workplace. The temptation to grab a burger with coworkers on your lunch break sometimes overcomes that little voice inside your head that says you do not need to spend the money or you do not need the calories. However, if you do not go to lunch with your coworkers, you then receive the label of being the “antisocial one.” Who wants that title? No one, I am sure, but then again, who wants the title of overweight and broke? Packing your lunch on a daily basis is one of the easiest ways to save on food costs during the work week, as well as cut out calories and assist in weight loss. Once you start, you will not want to stop. The

pros simply outweigh the cons in the end. So, how about [6 reasons to pack your own lunch](#) - Save money, Healthier eating, Use up those leftovers, More time for lunch, less rush, Portion control, Variety.

Brown-bagging isn't just for kids, and it can be simple. Bringing your lunch to work gives you full ownership over what goes into your meal and into your body. There are lots of options. There's no rule that says lunch must consist of “lunch food.” The key is making sure what's in your lunchbox is nutritionally rich, balanced, and hopefully really tasty.

[Lunch Ideas Do you know which snack is healthier?](#)

### August in Florida



August in Florida, the place where summer, back to school and the height of hurricane season collide.

The family vacation finale takes place as summer draws toward its steamy close. Meanwhile, enthusiastic shoppers look for back-to-school bargains in preparation for the first day back to class. And everyone is keeping an eye on the weather forecast as the potential for dousing rain and gusting wind reminds us that hurricane season is in full swing. Ah, Florida, a great place to live.



We would like an opportunity to provide a no obligation consultation to review your company health benefits. Our Benefit Consultants have the resources to inform and guide you through the processes and requirements involved in group benefit packages, including health insurance, payroll, and many other HR decisions. Our online enrollment / hris system makes benefit implementation a breeze. Let us help you.

**BENEFIT ADMINISTRATION DONE RIGHT!**  
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